



McChord Air Force Base

62nd Force Support Squadron

Adventures Unlimited
Bldg. 739 982-2206/2303

Fitness & Sports Center
Bldg. 729982-5666

Fitness Annex
Bldg. 726982-6700

Holiday Park
Pavilion Info/Reserv.....982-2206
Holiday Park/Fam-Camp982-5488

Whispering Firs Golf Course
Bldg. 889982-4927
Habañero Mexican Grill.....982-3271

McChord Club/Community Center
Bldg. 700982-5581/0719
Catering Office 982-8175
Barber Shop.....582-8475

Globemaster Grill
Bldg. 700982-7600

Café Lancelatte
Bldg. 100 (the Castle).....982-6081

Buster's Café
Bldg. 1182, Rm. 125 982-1180

Arts and Crafts Center
Bldg. 1121982-6726
Framing, Embroidery, Engraving,
Crafts, Wood Shop

Auto Center
Bldg. 1120982-7226

Sounders Lanes
Bldg. 737982-5954
Strike Zone Snack Bar 982-5372

Veterinary Clinic
Bldg. 768982-3951

Library
Bldg. 851, Ground Floor982-3454
McChord's area code is (253)



62 Force Support Squadron
100 Jackson Blvd., Room 1022
McChord AFB, WA 98438

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TRIPS AND DEALS



Force Support Information for the Active Retiree

CURRENT EVENTS

JANUARY

- Save a bundle on winter golf specials at Whispering Firs.
- We can show you how to winterize your car at the Auto Center.
- Go on snowshoeing and ski trips in the mountains with Adventures Unlimited all month!
- 13 Outlet Malls & Portland Shopping tour with Adventures Unlimited
- 17 Adventures Unlimited's trip to Leavenworth's Ice Festival
- 29 McChord Club members' 2-for-1 Steak Night
- 30 Bald eagle river float trip with Adventures Unlimited
- 30 One-day Texas Hold 'Em at the club for \$500 plus other prizes
- 30 Four-Person Better Ball at Whispering Firs Golf Course

FEBRUARY

- Check out classes at the Arts & Crafts Center and get two-for-one deals!
- Enjoy Friday 2-for-1 lunches for McChord Club members.
- 12 McChord Club's Valentine Sweetheart Dinner
- 13 Family Sleigh Ride at Leavenworth with Adventures Unlimited
- 14 Red Wine & Chocolate Tour with Adventures Unlimited
- 19 Mardi Gras party at the club
- 26 2-for-1 Steak Night for McChord Club members
- 27 Seattle Premium Outlet Mall/Tulalip Casino trip with Adventures Unlimited

MARCH

- Find discount tickets to local attractions at Adventures Unlimited — including movie theaters!
- Get in on Whispering Firs' annual Spring Break!
- Eat at hearty lunch at Habañero Mexican Grill at Whispering Firs Golf Course or at Globemaster Grill inside the club/community center.
- 6 Visit Victoria, B.C. for a day with Adventures Unlimited.
- 13 Enjoy great food and wines at the McMinnville Classic with Adventures Unlimited at the wheel.
- 26 Look forward to Brewfest at the McChord Club/Community Center.

■ *Events are subject to change. For the most current FSS events, visit our web site at www.McChordAFB.us*



Warm up to winter events with FSS

Find new experiences waiting for you with the Force Support Squadron's recreational opportunities!

Here's what you can choose from:

- Try belly dancing classes through the community center Wednesdays, 5 to 6 p.m., Jan. 6 through Feb. 10.
- Share your poetry and prose with other writers Jan. 13 and 27 at the club/community center, 6:45–7:45 p.m.
- Glide gently down the Skagit River filled with spectacular scenery, including nesting bald eagles Jan. 30 with Adventures Unlimited.
- Bring your friends along for \$1.25 bowling, rental shoes, burgers, fries, hot dogs, pizza, soda, and drafts at Sounders Lanes every Wednesday.
- Get on board Adventures Unlimited's tours of premium outlet malls and shopping centers for bargains on name-brand items Jan. 13 and Feb. 27.
- Enter the club/community center's one-day Texas Hold 'Em tournament Jan. 30 for \$500 and other prizes, with a buffet and soft drinks included, plus a no-host bar.
- Bring your sweetie to the club's annual Valentine's Dinner for a special night Feb. 12, and to Mardi Gras Feb. 19.
- Pay only \$5 for greens fees, carts, club rentals and burritos at Whispering Firs and Habañero Mexican Grill Feb. 12.
- Let the community center whisk you away for a weekend at the ocean and a tour of the setting for the "Twilight" books in Forks and LaPush Feb. 13–14.
- Discover tasty new wines, chocolates and foods with tours through Adventures Unlimited Feb. 14 and March 13.
- Bring your partner to lunch at Habañero Mexican Grill Feb. 14 and save 15%.
- Enjoy the best of pop, R&B, and country/western music with Tops in Blue Feb. 22 in Hangar 9.
- Find plenty of chances to go snowshoe-



ing, skiing and snowboarding around the mountain region with Adventures Unlimited. You can even rent your gear before you head up.

- Order a personalized photo night light or pillowcase and receive \$5 off in February at the Arts & Crafts Center.
- You and a friend can sign up for a framing or woodworking class at Arts & Crafts in February for a two-for-one discount — 50% off for each of you!
- Travel with Adventures Unlimited on an excursion to Paradise at Mount Rainier March 7.
- Take a waterfall tour along the Columbia River with Adventures Unlimited March 20.
- Come to the club/community center for Brewfest March 26 and sample home brews and microbrews, with a buffet included.

All this and more await you this winter with the Force Support Squadron at McChord!

When You Need To See Your Doctor Today... It's good to have US Family Health Plan

Same-day primary care appointments with board-certified civilian providers

A TRICARE Prime option for active duty family members and retired military and their families

8 Locations to serve you:

- ★ Federal Way
- ★ Northgate
- ★ Renton
- ★ Canyon Park
- ★ Beacon Hill
- ★ Totem Lake
- ★ Madison
- ★ Lynnwood

Call **1 866-418-7346** to reserve a seat at a briefing, to request a free US Family Health Plan information packet or visit www.pacmed.org/USFHPwellness8
Web seminars are also available.

No federal endorsement intended



HAVEN'T JOINED OUR MAILING LIST YET?

It's FREE! Don't miss out on upcoming McChord FSS activities. Simply fill out this section and return it to the 62nd FSS Marketing Office, FSS/FSK, 100 Jackson Blvd, Suite 1022, McChord AFB, WA 98438. Also, please complete this section for any address changes.

Address Change New to Mailing List

Name: _____

Address: _____

Do you know a military retiree who'd like their own copy of the R&R Quarterly? If so, give them this section to fill out and we will add them to our list!